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NEWSLETTER #2

Piloting and Joy

Ensuring employment sustainability and financial resilience through a multi-layered model of well-being and immersion for Ukrainian Refugees in local communities



IMMERSED
Together4Work

17 December, 2025

Drawing on best practices from Italy, Poland, Romania, and Slovakia, we created toolkits to support Ukrainians in employment, financial resilience, and mental well-being, coordinating efforts with businesses, authorities, and NGOs. The pilot runs November 2025 to May 2026.

Poland

FIIW team launched pilot activities in the IMMERSED project in Katowice and Sosnowiec. Employment sustainability coaches Vitalina and Olena conducted needs analysis, career development sessions, and a practical CV-writing workshop using the ESC methodology and handbook. Sabina led training for HR staff and DEI officers on "Building supportive workplaces."

In Sosnowiec, a community integration model was tested in an unusual space promoting well-being – a Botanical Garden. Representatives of the Sosnowiec Women's Council facilitated an interactive Discussion Club on women's safety, attended by nearly 20 women from Poland, Ukraine, Czechia, Belarus, and Italy. The event was held under the global campaign "16 Days of Activism Against Gender-Based Violence."



I am very grateful for the opportunity to work with my coach, Vitalina, who motivated me to initiate the process of nostrification of my diploma",

Tetiana, Sosnowiec

Italy

CESIE hosted the IMMERSED Training in Palermo. PENC/SEND shared culturally-sensitive guidance for refugees. CESIE presents IMMERSED at Error Festival (Dec 12, Cantieri Zisa): a focus on social inclusion via performative arts.



Training of Trainers on
mental well-being
22-26.09.2025,
Palermo, Italy

Slovakia



PiP launched lively pilot activities in Žilina and Prešov. Alongside Discussion Clubs boosting language skills, cultural exchange and confidence-building, we hosted a festive art-therapy session for women and a fun quiz for young people — both designed to support mental well-being. Through two information-focused events — *Partnerships for Communities* and a *Business Breakfast* — we introduced IMMERSED resources and connected key local actors to strengthen community support for Ukrainian refugees.



Thank you very much for your support 🥰;

It was very interesting to take part.

Beneficiaries, Žilina

Romania

Iași and Cluj-Napoca have begun engaging both the Ukrainian community and the Quadruple Helix partners to foster social inclusion and collaboration. Through a series of mental well-being sessions, a close-knit project community gradually took shape, supported by Romanian participants through joint discussion clubs. New workshops dedicated to employment sustainability and financial resilience now invite clients, as local authorities, academia, NGOs, and community leaders unite to map and strengthen emerging local initiatives.



I'm very glad we've created such a warm atmosphere here.

Beneficiary, Cluj-Napoca

Dear Partners and Friends,
From the entire IMMERSED team, we wish you a joyful Christmas filled with warmth, peace, and cherished moments with loved ones. May the New Year 2026 bring renewed hope, successful integrations, and thriving well-being for all Ukrainian refugees and communities. Together, we're building brighter futures!

Warm regards,
IMMERSED team



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