SPAcE
Supporting Policy and Action for Active Environments
www.activeenvironments.eu

Objectives:
* To share current good (evidenced based) practice of the implementation and promotion of an Urban Active Environment (UActivE) to increase population (community) physical activity levels
* To establish working groups in five EU member states to develop an UActivE Action Plan with a focus on creating environments to support physical activity for the creation of a more physical active environment
* To develop and embed the UActivE Action Plan into policy/practice in each designated city/town
* To develop competencies in the assessment of value of the UActivE Action Plan through training in the use of the Health Economic Assessment Tool (HEAT)

Activities:
* Carry out scoping exercise of evidence and good practices
* Deliver Learning and Sharing of Good Practice Symposium and Workshop in Palermo (Italy) to facilitate the sharing of practice, experience and knowledge across partners and workshop on UActivE Action Plans
* Plan, prepare, develop and implement the UActivE Action Plans for 5 implementation sites (Greece, Italy, Latvia, Romania and Spain)
* Plan, design and deliver HEAT training to patterns and designated staff from each of the implementation sites (2 per partner = 10 trained staff, plus partners)

Follow the project IN ACTION

Results:
* EU UActivE Summary of Evidence and Good Practice document
* Guidance document ‘How to Create and Evaluate an UActivE’ including 5 case studies from partners
* ‘How to’ guidance on measuring value of an UActivE, including a complementary media clip

Partners:
* Coordinator: University of Gloucestershire (UK)
* University of Oxford (UK)
* University of Thessaly (Greece)
* University of Zurich (Switzerland)
* LIKES Foundation for Sport and Health Science (Finland)
* Castilla La Mancha Regional Government of Education (Spain)
* Tukums Municipality (Latvia)
* Brasov Metropolitan Agency (Romania)
* Municipality of Trikala (Greece)

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