

MENS

Mental European Network of Sport events

Objectives:

- * To develop a documented and evidence based approach of the use of sports in the treat of mental illness
- * To establish a European Mental Health Sports Network
- * To increase public awareness on the necessity of a new specific approach on the conjunction of Sport with Mental Health through an EU wide Awareness Campaign

Activities:

- * Desk reviewing for recording national policies and good practices conjugating sports and mental health
- * Creating of models for sport events involving mentally ill at a local and national level as parts of the “Sports for All” movement
- * Conducting of policy documentation papers for critical scientific issues on the use of sports in rehabilitation of mental health

*Follow the project **IN ACTION***

Results:

- * MENS Awareness Campaign in European level aiming at building a defined framework for the connection of Sport with Mental Health
- * Establishment of the ‘Mental European Network of Sport events’ and related European Conference

Partners:

- * Coordinator: EDRA – The “Social Cooperative Action for Vulnerable Groups” (Greece)
- * National and Kapodistrian University of Athens - School of Physical Education and Sport Science (Greece)
- * KENT University School of Physical Sciences (United Kingdom)
- * COSS Marche (Italy)
- * Fundacion Intrus (Spain)
- * EUFAMI European Network (Belgium)
- * Sporium Spor Kulübü - Golbasi Sporium Spor Kulübü ve Derneği (Turkey)
- * Asociacija Aukstelkes Specialiosios Olimpiados Klubas - ASOK Asociacija "aukstelkesok" (Lithuania)
- * Ozara Zavod Maribor (Slovenia)
- * Rijeka Disability Sports Association (Croatia)
- * Villa Montesca (Italy)
- * ANARP (Portugal)
- * First Fortnight (Ireland)
- * MEH Merseyside Expanding Horizons LTD (United Kingdom)
- * Municipality of Galatsi (Greece)
- * FOKUS Sdružení pro péči o duš.nemocné (Czech Republic)
- * CESIE (Italy)

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