

European implementation of CAPPYC - Cannabis Abuse Prevention Program for Young Consumers - and evaluation of their results using a scale measuring attitudes towards drug use

www.cappyc.eu

Objectives:

- * To provide a new selective prevention approach (CAPPYC) contrasted in Spain to other European countries
- * To work positive attitudes towards cannabis use in young European consumers by increasing their critical capacity and by helping them to responsible and autonomous decision making
- * To update and adjust the existing Spanish materials to implement the program in other European realities (Portuguese, Romanian and Italian)

Activities:

- * Establishment of a European Network of exchange of information on intervention in evidence-based prevention through the website in five languages (English, Spanish, Romanian, Italian and Portuguese)
- * Conduction of pilot experience of CAPPYC in Portugal, Romania, Italy and Spain with approximately 2,400 teenagers each, aged 15-18 years
- * Approval of the measuring scale, evaluation of results through a pre/post-test strategy and the integration of a control group in each country

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Results:

- * [CAPPYC National Results Report, Italy \(CESIE\)](#)
- * [CAPPYC Comparative Report at EU level](#)
- * [CAPPYC Educational Prevention Programme \[zip download\]](#):
 - I. 'Pasa la Vida' Tutorial (The programme, contents, methodological proposals, activities)
 - II. CUIQ Questionnaire template (Cannabis Use Intention Questionnaire)
 - III. CUIQ Questionnaire Application and correction Manual (with a detailed explanation of how it was structured, how to use it and how to evaluate the data obtained after application to a group of young people)
 - IV. CUIQ analytical tool 'Rules for correction and Excel template for automatic calculation of the scores'
- * The 'Pasa la Vida' VIDEOS in English (doubled and/or subtitled): [00. Full DVD](#) | [01. What I want to do with my life...](#) | [02. A little respect](#) | [03. I can quit when I want to](#) | [04. Life goes by](#) | [05. Get to action](#) | [VO full videos with subtitles](#)

Partners:

- * Coordinator: Fundación de ayuda contra la drogadicción FAD (Spain)
- * Fundación UNED - FUNED (Spain)
- * Universidad Miguel Hernández UMH (Spain)
- * Universidade Católica Portuguesa UCP (Portugal)
- * Asociata pentru Motivare si Schimbare AMOS (Romania)

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DG of reference: DG Justice, [Drug Prevention and Information Programme \(DPIP\) – Demand Reduction](#)

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