European implementation of CAPPYC
- Cannabis Abuse Prevention Program for Young Consumers -
and evaluation of their results using a scale measuring attitudes towards drug use
www.cappyc.eu

Objectives:
* To provide a new selective prevention approach (CAPPYC) contrasted in Spain to other European countries
* To work positive attitudes towards cannabis use in young European consumers by increasing their critical capacity and by helping them to responsible and autonomous decision making
* To update and adjust the existing Spanish materials to implement the program in other European realities (Portuguese, Romanian and Italian)

Activities:
* Establishment of a European Network of exchange of information on intervention in evidence-based prevention through the website in five languages (English, Spanish, Romanian, Italian and Portuguese)
* Conduction of pilot experience of CAPPYC in Portugal, Romania, Italy and Spain with approximately 2,400 teenagers each, aged 15-18 years
* Approval of the measuring scale, evaluation of results through a pre/post-test strategy and the integration of a control group in each country

Follow the project IN ACTION

Results:
* CAPPYC National Results Report, Italy (CESIE)
* CAPPYC Comparative Report at EU level
* CAPPYC Educational Prevention Programme [zip download]:
  I. ‘Pasa la Vida’ Tutorial (The programme, contents, methodological proposals, activities)
  II. CUIQ Questionnaire template (Cannabis Use Intention Questionnaire)
  III. CUIQ Questionnaire Application and correction Manual (with a detailed explanation of how it was structured, how to use it and how to evaluate the data obtained after application to a group of young people)
  IV. CUIQ analytical tool ‘Rules for correction and Excel template for automatic calculation of the scores’
* The ‘Pasa la Vida’ VIDEOS in English (doubled and/or subtitled): 00. Full DVD | 01. What I want to do with my life… | 02. A little respect | 03. I can quit when I want to | 04. Life goes by | 05. Get to action | VO full videos with subtitles

Partners:
* Coordinator: Fundación de ayuda contra la drogadicción FAD (Spain)
* Fundación UNED - FUNED (Spain)
* Universidad Miguel Hernández UMH (Spain)
* Universidade Católica Portuguesa UCP (Portugal)
* Asociata pentru Motivare si Schimbare AMOS (Romania)

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Contact: CESIE: partnership@cesie.org

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