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INFOPACK

Volunteering for Generation: NesilFEST 2015



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What is EVS?

European Voluntary Service (EVS) is the European Commission's project that allows a young person (18–30 years) to become a volunteer in another country for a specified period of time, usually between 2–12 months.

Definition of volunteering:

According to the European Youth Forum an activity can only be defined as volunteering if it is:

- undertaken of a person's own free will and involves the commitment of time and energy to actions that benefit others and society as a whole;
- unpaid (although it can involve reimbursement of expenses directly related to the activity) for a non-profit cause, primarily undertaken within a nongovernmental organisation, and thus clearly isn't motivated by material or financial gain;
- not used to substitute or replace paid employment.

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What to expect from EVS: [CLICK HERE!](#)



Summary of the Project

The NesilFEST (Generation Festival) was developed as an output of the local project called AYNA which our organization implemented last year in cooperation with Turkish Ministry of Family and Social Policy. The idea of the project is to organize a better communication between youth and elderly people, by involving them in different activities. The Project consists of diverse modules for the developement of different skills and competences.

As System and Generation Association, we want to host groups of 28 volunteers on 2 months short term EVS, within the Volunteering for Generation- NesilFEST2015 Project starting from September 2015. There will be 7 volunteers in each group which is formed as 1 volunteer from each country, Spain, Italy, Bulgaria, Romania, Slovakia, Serbia and Macedonia. We have planned a learning-oriented course for our volunteers in preparation-execution-dissemination of NesilFEST. In an age that inter-generational interaction is declining, we want to carry out the NesilFEST, which is the product of a successfully completed project called Active Lifestyle-Oriented Inter-generational Interaction Model Project, four times a year. During the project, which is an an example of social entrepreneurship, mainly non-formal education methods will be used and “meeting of generations” themed activities and workshops will be held. Within the framework of NesilFEST preparations, there are five modules to be applied;

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Consideration and Dialogue oriented Volunteering for Generation: 5 o'clock teas will be organized, journeys will be planned, young and elder individuals will improve their communication by musical and trekking activities.

Technology and Information Retrieval Oriented Volunteering for Generation: Young volunteers will explain to the elders how the internet, computers and cell phones work. Being able to use communication technologies in times of need/crisis will increase the quality of life of the elder population.

Experience Sharing oriented Volunteering for Generation: In this module, memories, knowledge, experiences and photos of artists and craftsmen are shared.

Manufacturing oriented Volunteering for Generation: Cooking, knitting and ceramics workshops in NesilKAFE, which will be an example of social entrepreneurship.

Fitness-oriented Volunteering for Generation: Exercises accompanied by physical therapists/volunteers will be done to decrease the risk of disease and contribute to the healthy development of future generations.

Social Responsibility Oriented Volunteering for Generation: All preparations for NesilFEST will be coordinated by young and adult individuals. Products of the workshops and modules will be shared with the public.

As conclusion, our goal is to support adult productivity, youth individuality and youth bio-psycho-social development with learning-focused workshops and activities.

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Description of Hosting Organization

S&G: System and Generation Association was established in 2008. The aim of our organization is to make young people integrated into the society, encouraging their entrepreneurial spirit, helping them acquire knowledge and qualification, getting them to know young people from different cultures, empowering sympathy and tolerance, improving cooperation and encouraging European cooperation with young people, supporting the cooperation between the international institutions.

System and Generation gets into the act about; increasing of economic growth, providing efficiency about increasing of production, sustaining the production, sustainability that cares socioeconomic needs and planning that analyse the problems, and also with the belief of projecting Process, considering co-working culture by reaching this target as the best way, combining the systems which made in EU and creativity of our citizens especially the youth.

Our organization is the member of few international networks and their representative of Turkey:

Anna Lindh Euro-Mediterranean Foundation for Intercultural Dialogue Between Cultures. Co-Coordinator of Turkish Network <http://www.euromedalex.org/networks/turkey>



ENYC: Europe Network of Youth Centres:

<http://www.eycn.org/full-enyc-members>

Turkish representative of World Neighbours' Day:

<http://country.european-neighbours-day.com/tr>

Local Relay of EuroDesk in Turkey:

<http://eurodesk.ua.gov.tr/>

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Objectives/ Activities/ Tasks

This programme has been planned under the spirit of EVS and focused on the following learning objectives:

- Communication in the mother tongue
- Communication in foreign languages
- Mathematical competence and basic competences in science and technology
- Digital competence
- Learning to learn
- Social and civic competence
- Sense of initiative and entrepreneurship
- Cultural awareness and expression

EVS volunteer will have the opportunity to participate in many different activities and projects throughout the EVS.

There are 4 different periods for EVS:

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01/11/2015 and end on 29/12/2015

02/01/2016 and end on 29/02/2016

01/03/2016 and end on 28/04/2016

01/05/2016 and end on 28/06/2016

The tasks of the volunteers:

- | | |
|--|---|
| <ul style="list-style-type: none"> ▪ Task 1-
Organizing/Assisting/Facilitating physical activities for elderly (physical exercises, games (Mölkky, Bocce), cultural visits, walks in the Nature) ▪ Task 2- | <ul style="list-style-type: none"> ▪ Task 5-
Organizing service and leisure for elderly ▪ Task 6-
Taking photos, videos about the events, working on video production |
|--|---|

Representing his/her culture during cultural events (indoor & outdoor activities)

▪ Task 3-

Participating in fund raising activities (selling handmade stuff in NesilKAFF or NesilKARAVAN)

▪ Task 4-

Organizing workshops (handicraft, cooking, activities with kids)

updating the website of S&G, and working on promotion materials

▪ Task 7-

Organizing cultural events (dance evenings, song evenings, theatre, music).

▪ Task 8-

Preparing YouTHelegraph and Video of Volunteering for Generation NesilFEST2015 activities.



The volunteer will work 7 hours per day, 5 days per week. Sundays and Saturdays are free. Holidays: the volunteer will have two consecutive days off per week and will also have two days of holiday per month for the whole duration of the EVS project. Sometimes the volunteer will give a hand on projects at weekends. In this case, the volunteer will have compulsory days off. Turkish Language Lessons are the compulsory part of the weekly schedule. A teacher will give lessons five hours per week either in the volunteer's home or in the S&G office. The language course will be adjusted according to the volunteers needs.

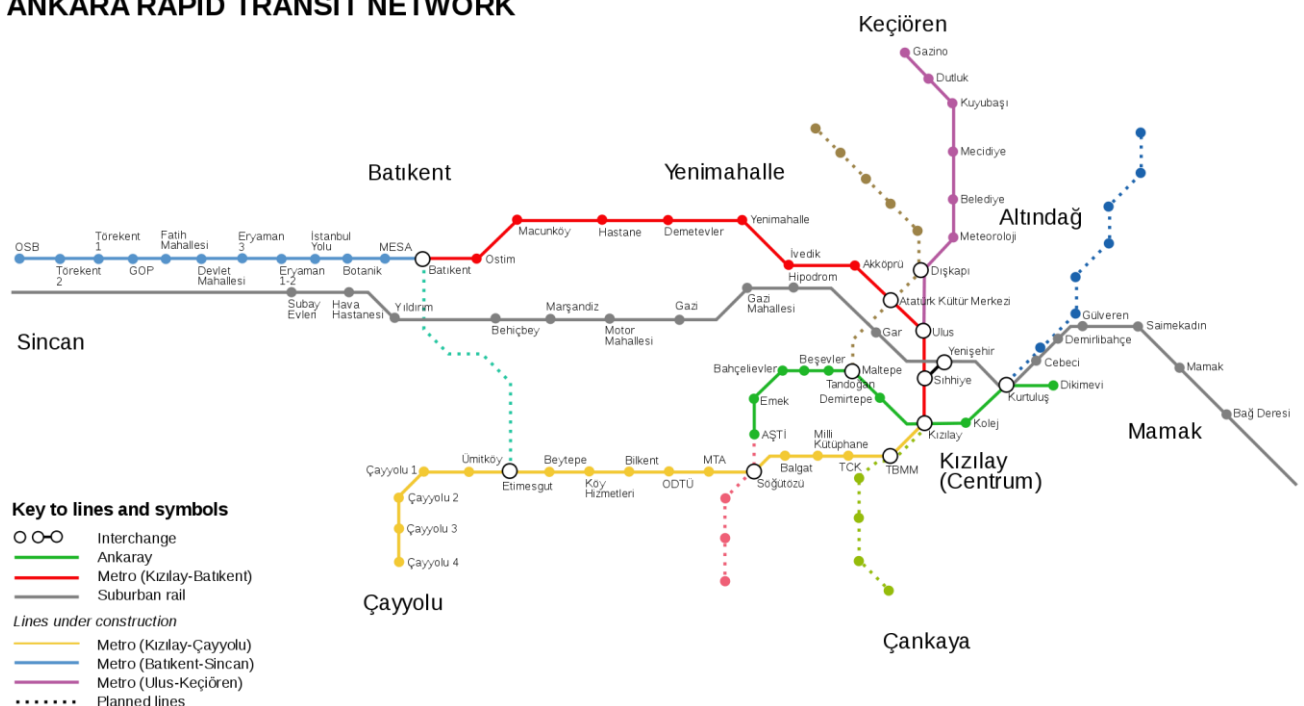
Venue

The venue for EVS service: Ankara – is the capital of Turkey and the country's second largest city. Located in Central Anatolia, Ankara is an important commercial and industrial city. It is the center of the Turkish Government, and houses all foreign embassies. It is an important crossroads of trade, strategically located at the center of Turkey's highway and railway networks, and serves as the marketing center for the surrounding agricultural area. The population of Ankara – more than 5 min. Ankara has a hot-summer continental climate. Due to its elevation and inland location, Ankara has cool, snowy winters and hot, dry summers. Rainfall occurs mostly during the spring and autumn.

The Electricity, Gas, Bus General Directorate (EGO) operates the Ankara Metro and other forms of public transportation. Ankara is currently served by a suburban rail named Ankaray and three subway lines of the Ankara Metro.

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ANKARA RAPID TRANSIT NETWORK

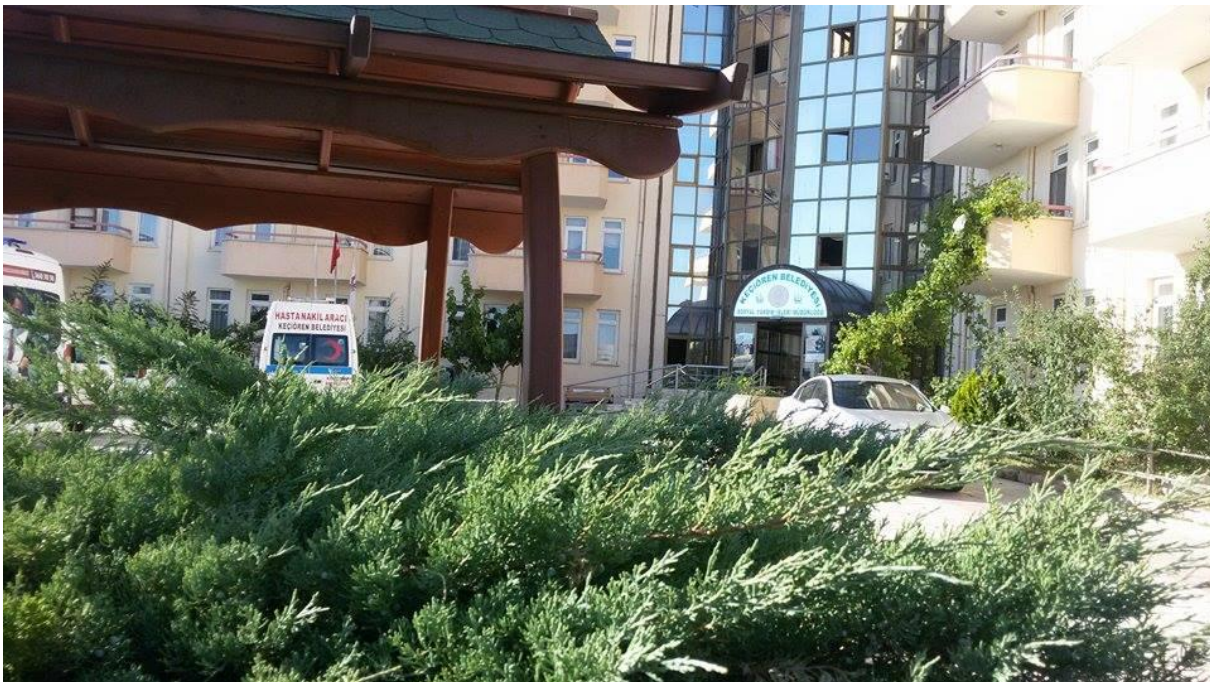


Ankara Intercity Bus Terminal (AŞTİ) is an important part of the bus network which covers every neighbourhood in the city. Esenboğa International Airport, located in the north-east of the city, is Ankara's main airport. The working place of volunteers located in Keçiören district – one of the oldest districts of Ankara with 1 million population.



Working places:

1. Keçiören Nursing Home:



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2. Yunus Emre Cultural Centre



3. Clock Tower/ Cafe



How to get from airport to the city centre



From the central entrance of the airport there are many shuttle buses stops named **Belko Air**.

The ticket for this bus is 8 TL (~2,7 EUR) and they depart from airport every 30 min.

Travel from airport to city center takes around 30-40 min.

Volunteers should go to the city centre - the stop named: KIZILAY. From there we will pick him/her up!

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Accommodation

Volunteers will live in apartment sharing room with other volunteers from the same gender. There are many stores around. And it is close to working area. To go to the city center volunteers could use local transportation. The apartment is equipped with WiFi connection, washing machine, fridge, iron, etc. There are also pillows, quilts, blankets and bed sheets and all equipments for cooking.

To protect this House there are few simple rules for inmates:

- use all the equipment and furniture carefully and keep it in a good condition;
- keep the home clean;
- do not make noise after 23.00 and do not disturb neighbours;
- in case of any technical problems in the house contact your EVS Coordinator.

Be environmentally friendly:

TURN OFF COMPUTERS AT NIGHT. By turning off your computer instead of leaving it in sleep mode, you can save 40 watt-hours per day.

HANG DRY. Get a clothes line or rack to dry your clothes by the air.

BAN BATHTIME. Take showers instead. Baths require almost twice as much water. Not only will you reduce water consumption, but the energy costs associated with heating the water.

BRUSH TEETH WITHOUT RUNNING. You'll conserve up to five gallons per day if you stop.

TURN OFF LIGHTS. Always turn off incandescent bulbs when you leave a room.

LOWER YOUR THERMOSTAT IN THE WINTER. Raise it in the summer wearing a sweater in the winter and short sleeves in the summer saves energy and reduces pollution.

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Insurance

Volunteers coming for short term EVS (2 months) do not have to obtain visa before they arrive in Turkey.

Volunteers should prepare and submit the European Benefits AXA Insurance together with their Sending Organization before immediately after signing the Internal Agreement for EVS.

AXA is one of the most active groups in insurance and asset management of the last 20 years. It operates in many countries worldwide.

Cover is offered free of charge to EVS Volunteers. The Insurance premiums are paid by EACEA.

The EVS insurance plan offers the following guarantees:

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- Health costs
- Repatriation assistance
- Death & Disability Benefits: Permanent invalidity and Life Insurance
- Third-Party Liability in Private Life

Cover is valid throughout the world, 24/7, from the date when you leave home en route to the Host country, up till the second month following your return home at the end of your European Voluntary Service. Cover is also in place for preparatory meetings before your departure and for follow-up and final assessment meetings after your return.

The currency of the EVS plan is the Euro (EUR) but invoices for medical and dental care may be submitted in any other currency. Health care expenses are usually reimbursed in the currency indicated by the Volunteer on the registration form.

More information: <https://www.salto-youth.net/downloads/4-17-2460/Axa%20volunteer%20guide.pdf>

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Financial Conditions

Volunteer will receive:

Food Money – € 120 per month (in Turkish currency). Half at the first week of the month, second half on the third week of the month.

Pocket Money - € 80 per month (in Turkish currency). Payments will be done in cash within first 5 days of each month.

The travel costs will be reimbursed by the coordinator accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc. – 50% of the travel costs will be reimbursed after the volunteer arrives to the Hosting organization, not later than 2 weeks (in Turkish currency) and provide travel documents: tickets, boarding passes etc.

50 % of the travel costs will be reimbursed by bank transfer to the bank account of the volunteer/sending organization after the Hosting organization receives originals of back travel documents.

Regular air tickets must be accompanied: by the original invoice (signed and stamped)/ receipt/ pay order/ proof of payment; the boarding pass (the small ticket stub you receive before boarding the plane); and the prices stated in the invoices, receipts etc., must coincide with the price on the ticket. E-Tickets must be printed out and they must include the name, the exact fare which was paid, details of the flight written on the same page; presented along with the credit card receipt for the paymant or a copy of a bank statement (clearly showing that the payment has been made); handed in with the boarding pass. Train/ Bus tickets – it is important that the arrival and departure time as well as the price are clearly visible (+invoices if available).

Reimbursed travel costs depend on the country the volunteer is coming from, but up to:

Bulgaria – 275 EUR	Romania – 275 EUR
Italy – 275 EUR	Spain – 820 EUR
The Former Yugoslav	Slovakia – 275EUR
Republic of Macedonia – 275 EUR	

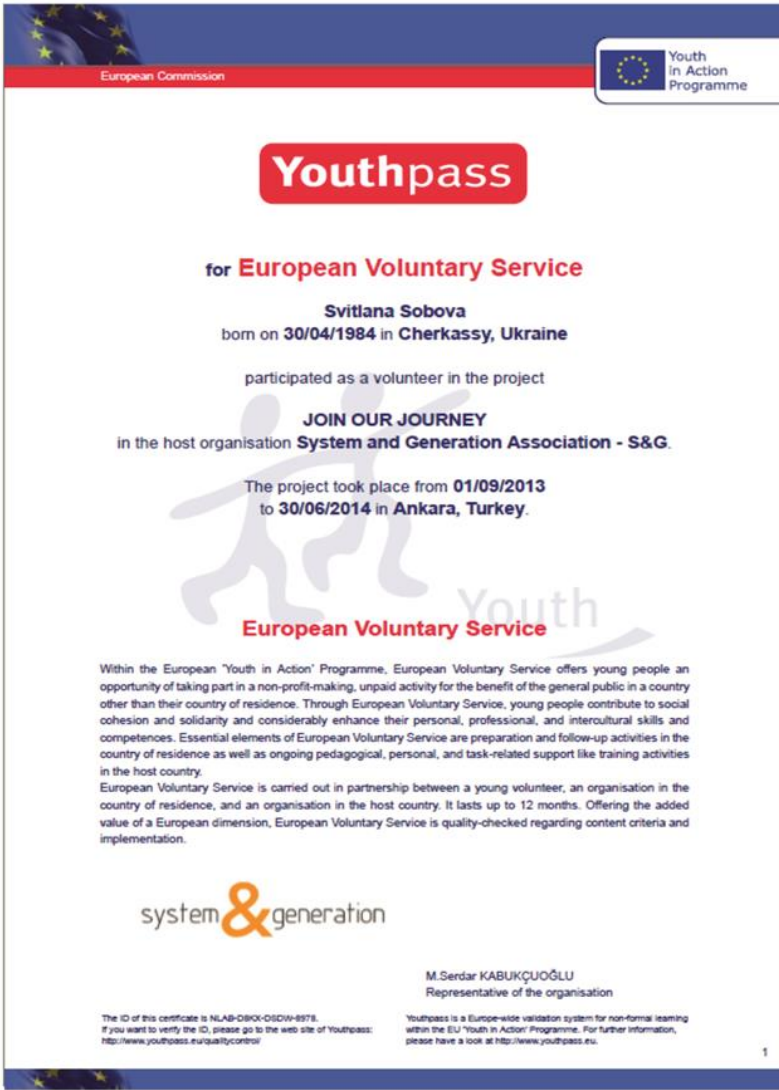
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Youthpass

All volunteers who have completed their EVS project are entitled to a certificate called a Youthpass signed by the Head of the Youth Agency. This certificate validates their period of voluntary service and provides details of the activities in which they were involved.

More details about the Youthpass Certificate:

<https://www.youthpass.eu/en/youthpass/>



European Commission

Youth
in Action
Programme

Youthpass

for **European Voluntary Service**

Svitlana Sobova
born on **30/04/1984** in **Cherkassy, Ukraine**

participated as a volunteer in the project

JOIN OUR JOURNEY
in the host organisation **System and Generation Association - S&G**

The project took place from **01/09/2013**
to **30/06/2014** in **Ankara, Turkey**.

European Voluntary Service

Within the European 'Youth in Action' Programme, European Voluntary Service offers young people an opportunity of taking part in a non-profit-making, unpaid activity for the benefit of the general public in a country other than their country of residence. Through European Voluntary Service, young people contribute to social cohesion and solidarity and considerably enhance their personal, professional, and intercultural skills and competences. Essential elements of European Voluntary Service are preparation and follow-up activities in the country of residence as well as ongoing pedagogical, personal, and task-related support like training activities in the host country.

European Voluntary Service is carried out in partnership between a young volunteer, an organisation in the country of residence, and an organisation in the host country. It lasts up to 12 months. Offering the added value of a European dimension, European Voluntary Service is quality-checked regarding content criteria and implementation.

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M.Serdar KABUKÇUOĞLU
Representative of the organisation

The ID of this certificate is NLAB-GRXK-OSDW-8878.
If you want to verify the ID, please go to the web site of Youthpass:
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the EU 'Youth in Action' Programme. For further information, please have a look at <http://www.youthpass.eu>.

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How to apply:

ADLINE FOR APPLICANTS: 1 of September 2015.

To apply for EVS vacancy in Project, please fill [on-line form](#) or send your CV and Motivation letter to: evswithsystemandgeneration@gmail.com with the subject: "NesilFEST2015".

Potential candidates will be invite for Skype interview by email until 15 of September.

Selected volunteers will be informed by email as soon as decision taken by EVS Selection Committee of S&G

Useful information

S&G OFFICE address

Necatibey Caddesi 50. Yıl İş Hanı
No:19/21,
Çankaya, Ankara
Tel: +90 (312) 230 53 41

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EVS Coordinator to contact

sveta.sobova@gmail.com
+90 553 525 29 53
Svitlana Sobova



LEAR of S&G:

evswithsystemandgeneration@gmail.com
+905334255299
Gürkan Akçaer
Skype: youthcaravan



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Embassies

Embassy of Bulgaria

Atatürk bulvari 124
Kavaklıdere
Ankara
Turkey
TELEPHONE(+90) 312 467 2071
(+90) 312 427 5142

Embassy of Italy

Ataturk Bulvari, 118
Kavaklıdere 06680 Cankaya
Ankara
Turkey
TELEPHONE(+90) 312 457 4200

Embassy of The former Yugoslav Republic of Macedonia

Karaca Sok. No: 24/5-6
G.O.P. 06700
Ankara
Turkey
TELEPHONE(+90) 312 439 9204
(+90) 312 439 9208

Embassy of Romania

Bükres Sok.No.4
06680 Cankaya
Ankara
Turkey
TELEPHONE(+90) 312 466 3706
(+90) 312 427 1243

Embassy of Spain

Abdullah Cevdet Sokak, 8
06680 Çankaya
P.K. 48
06552 Çankaya
Ankara
Turkey
TELEPHONE(+90) 312 438 0392
(+90) 312 440 1796 / 2169

Embassy of Serbia

Paris Caddesi No. 47
Kavaklıdere
Ankara
Turkey
TELEPHONE(+90) 312 426 02 36
(+90) 312 426 24 32

Embassy of Slovakia

Atatürk Bulvari 245
06692 Kavaklıdere
Ankara
Turkey
TELEPHONE(+90) 312 467 5075
(+90) 312 467 5076

Turkish Vocabulary for the first days

1	Hello	Merhaba	MEHR-hah-bah
2	Good morning, good day	Günaydın	gew-nahy-DUHN
3	Good evening	İyi akşamlar	EE ahk-shahm-LAHR
4	Good night	İyi geceler	EE geh-jeh-LEHR
5	Goodbye	Allaha ısmarladık	ah-LAHS-mahr-lah-duhk
6	Bon voyage	Güle güle	gew-LEH gew-LEH
7	What is your name?	Adınız ne?	AH-duh-NUHZ neh
8	My name is...	Adım...	Ah-DUHM...
9	How are you?	Nasılsınız?	NAHS-suhl-suh-nuhz
10	I'm fine, thank you.	İyiyim, teşekkür ederim.	ee-YEE-yihm, tesh-ek-KEWR eh-dehr-eem

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11	Pardon me	Affedersiniz, pardon	af-feh-DEHR-see-neeZ, pahr-DOHN
12	Yes/no	Evet/hayır	eh-VEHT/HAH-yuhr
13	Please.	Lütfen	LEWT-fehn
14	Help yourself.	Buyurun(u z)	BOOY-roon-(ooz)
15	Thanks.	Teşekkürle r[or] Sağ	teh-sheh-kewr-LEHR, SOWL, mehr-SEE

		ol[or] Mers i	
16	You're welcome.	Bir şey değil	beer SHEHY deh-YEEL
17	Friend	Arkadaş	Ar-kah-DAHSH
18	What?	Ne?	NEH
19	How?	Nasıl?	NAH-suhl
20	Who?	Kim?	KEEM
21	Why?	Niçin [or]neden?	NEE-cheen, NEH-dehn
22	When?	Ne zaman?	NEH zah- mahn
23	Which one?	Hangisi?	HAHN-gee-see
24	What's this?	Bu ne?	BOO neh
25	How much/many?	Kaç/kaç tane?	KAHCH/tah- neh
26	What does it mean?	Ne demek?	NEH deh- mehk
27	Give me ...	... bana verin	bah-NAH veh- reen
28	I want ...	... istiyorum	eess-tee-YOH- room
29	...this	...bu(nu)	...boo(NOÖ)
30	...that	...su(nu)	...shoo(NOÖ)
31	...the other	...o(nu)	...oh(NOÖ)

3 2	hot/cold	sıcak/soğuk	suh-JAHK/soh-OOK
33	big/small	büyük/küçük	bew-YEWK/kew- CHEWK
34	new/old	yeni/eski	yeh-NEE/ehss-KEE
35	open/closed	açık/kapalı	ah-CHUHK/kah-pah- LUH
36	not ...	... değil	deh-YEEL

37	It exists/doesn't exist	Var/yok	VAHR/YOHK
38	And/or	Ve/veya	VEH/veh-YAH
39	Good/bad	İyi/fenah	EE-ee/ feh-NAH
40	Beautiful/ugly	Güzel/çirkin	gew-ZEHL/cheer-KEEN

41	Where is a/the ... ?	... nerede?	NEH-reh-deh
42	__ railway station	__Gar/istasyon	__GAHR, ees-tah-SYOHN
43	__ bus station	__Otogar	__OH-toh-gahr
44	__ cheap hotel	__Ucuz bir otel	__oo-JOOZ beer oh-TEHL
45	__ toilet	__Tuvalet	__too-vah-LEHT
46	__ restaurant	__Lokanta	__loh-KAHN-tah
47	__ post office	__Postane, PTT	__POHSS-tah-neh, peh-teh-TEH
48	Room	Oda	OH-dah
49	Shower	Duş	DOOSH
50	Bath	Banyo	BAHN-yo

51	<u>Turkish bath</u>	<u>Hamam</u>	Hah-MAHM
52	Soap	Sabun	Sah-BOON
53	Toilet paper	Tuvalet kâğıdı	too-vah-LEHT kyaah-uh-duh
54	Hot water	Sıcak su	Suh_JAHK soo
55	Luggage	Bagaj	Bah-GAHZH

56	Clean	Temiz	The-MEEZ
57	Laundry	Çamasır	Chah-mah-SHUR
58	Light(s)	Işık(lar)	Uh-SHUK (uh-shuk-LAHR)
59	<u>Money</u>	<u>Para</u>	PAH-rah
60	Water	Su	SOO
61	<u>Tea</u>	<u>Çay</u>	CHAH-yee

62	street, avenue	sokak, cadde(si)	soh-KAHK, JAHD-deh
63	Left/right	Sol/ sağ	SOHL/SAAH
64	straight (on)	doğru	doh-ROO
65	Here/there/over there	Burada/ şurada/ orada	BOO-rah-dah/ SHOO-rah-dah/ OH-rah-dah
66	Near/far	Yakın/uza k	yah-KUHN/oo-ZAHK
67	map	harita	HAH-ree-TAH
68	ticket	bilet	bee-LEHT
69	one-way/round-trip	gidiş/gidiş -dönüş	gee-DEESH/ gee-DEESH-dur-NEWRSH
70	airplane	uçak	oo-CHAHK
71	airport	havaalanı	Hah-VAH-ah-lah-nuh
72	train	tren	TREHN
73	ship	gemi	GEH-mee
74	bus	otobüs	Oh-toh-BEWSS
75	car	araba	AH-rah-bah
76	Day, daily	gün, hergün	GURN, HEHR-gurn
77	today	bugün	BOO-gurn
78	tomorrow	yarın	Yahr-uhn
79	week	hafta	hahf-TAH
80	Sunday	Pazar	pah-ZAHR
81	Monday	Pazartesi	pah-ZAHR-teh-see

82	Tuesday	<i>Salı</i>	sah-LUH
83	Wednesday	<i>Çarsamba</i>	char-shahm-BAH
84	Thursday	<i>Persembe</i>	pehr-shehm-BEH
85	Friday	<i>Cuma</i>	joo-MAH
86	Saturday	<i>Cumartesi</i>	joo-MAHR-teh-see

87	month	<i>ay</i>	AH-yee
88	year	<i>sene, yıl</i>	SEH-neh, YUHL
89	<u>January</u>	<i>Ocak</i>	oh-JAHK
90	<u>February</u>	<i>Şubat</i>	shoo-BAHT
91	<u>March</u>	<i>Mart</i>	MAHRT
92	<u>April</u>	<i>Nisan</i>	nee-SAHN
93	<u>May</u>	<i>Mayıs</i>	mah-YUSS
94	<u>June</u>	<i>Haziran</i>	HAH-zee-RAHN
95	<u>July</u>	<i>Temmuz</i>	teh-MOOZ
96	<u>August</u>	<i>Ağustos</i>	AH-oo-STOHSS
97	<u>September</u>	<i>Eylül</i>	ehy-LEWL
98	<u>October</u>	<i>Ekim</i>	eh-KEEM
99	<u>November</u>	<i>Kasım</i>	kah-SUHM
100	<u>December</u>	<i>Aralık</i>	AH-rah-LUHK

Here are the Turkish cardinal numbers with pronunciation guides.		
0	sıfır	SUH-fuhr
-1/4	çeyrek	chehy-REHK
-1/2	yarım	YAH-ruhm
-1/2	buçuk	boo-CHOOK
1	bir	BEER
2	iki	ee-KEE
3	üç	EWCH
4	dört	DURRT
5	beş	BEHSH
6	altı	ahl-TUH
7	yedi	yeh-DEE
8	sekiz	seh-KEEZ
9	dokuz	doh-KOOZ
10	on	OHN
11	on bir	ohn BEER
12	on iki	ohn ee-KEE
13	on üç	ohn EWCH
20	yirmi	yeer-MEE
30	otuz	oh-TOOZ
40	kırk	KUHRK
50	elli	ehl-LEE
60	altmış	ahlt-MUSH
70	yetmiş	yeht-MEESH
80	seksen	sehk-SEHN
90	doksan	dohk-SAHN
100	yüz	YEWZ
200	iki yüz	ee-KEE yewz
1000	bin	BEEN

2000	<i>iki bin</i>	ee-KEE been
10,000	<i>on bin</i>	OHN been
1,000,000	<i>milyon</i>	meel-YOHN
1,000,000,000	<i>milyar</i>	meel-YAHR
1,000,000,000,000	<i>trilyon</i>	treel-YOHN
1,000,000,000,000,000	<i>katrilyon</i>	kah-treel-YOHN