

The BODY project's RESULTS

The BODY project engages in exploring the impact of cultural differences related to body, health, gender and sexuality in adult training activities. Based on a participatory research relying on adult trainers' own experiences the Consortium developed approaches and tools that help the integration of relevant cultural differences in adult trainings' content and methodology to make the trainings a source of personal and social development and a space for intercultural dialogue.

Our products:

- ❖ Critical Incidents Reader ([short version](#), [full versions](#), by key-topic [Health](#) | [Gender](#) | [Sexuality](#) | [Disability](#) | [Body](#)). The analysis of culture shock experiences, concrete situations called Critical Incidents, opens the space for a better understanding of how our own cultural values, expectations shape the interaction and help us reach some degree of cultural neutrality, allowing a better negotiation of possible solutions.

- ❖ [Research Report](#) of the collected Critical incidents.

- ❖ The [Best Practices Reader](#), a systematized compilation and promotion of innovative best practices in adult trainings that take into account cultural diversity in the domains of the BODY key-topics linked to intercultural trainings.

The related interactive Best Practices [Online TOOL](#) visually shows the chosen examples that overcome situations and difficulties as highlighted by the collected Critical Incident.

- ❖ The [Anthologies Reader](#) aims to supplement and complement with a selection of articles and texts, which from different angles present a general analytical view of the cross-roads of culture and body, highlighting the importance of the body for intercultural encounters between people.

- ❖ The [Bibliographic References](#) supply the anthology with numerous references to literature, dealing with the interaction between culture and bodily issues.

- ❖ The BODY [Manual](#) is addressed to adult trainers working in the field of health and disability education, sexuality education, intercultural education, gender related education.

The Manual includes all BODY Products into a unique tool, complete of the main following components: Critical Incidents, Best practices, Anthology, Working tools, Resources for adult trainers.

[Please note, most products are available in [English](#), [Dutch](#), [French](#), [Danish](#), [Hungarian](#) and [Italian](#)].

Our face-to-face actions:

- ❖ [Grundtig in-service Training](#)
[Capacity building for Adult Trainers in the EU:](#)

From 1st to 5th July in Budapest, Hungary adult trainers from Denmark, Italy, France, Hungary, Netherlands, Turkey and Belgium were sharing their professional experiences and getting new knowledge inputs to be able to construct more inclusive and efficient trainings on issues related to the human body, health, gender, sexuality, disability and interculturality, - offering pathways for developing civic, social and intercultural competences and developing attitudes and skills concerning our key-topics. The training focused on the necessary competences to deal how to overcome intercultural challenges in training/counseling/coaching situations.

In other words, to get:

- ❖ A better understanding of cultural differences
- ❖ Skills to reflect on target groups' and own personal non-verbal behavior;
- ❖ Skills and facility in preventing or handle cultural tensions and incompatibilities;
- ❖ Integrating the use of structured exercises: role plays, simulations to examine the dynamics of training and counseling experiences;
- ❖ Communication skills and methodological tools on body, health, gender, sexuality and disability.

Follow our [facebook](#) page, browse it to see some picture of the training activities and to get more information about the project!

- ❖ The [Conference BODY IN CULTURE-CULTURE IN BODY](#) (Bruges, Belgium 11/12.09.2013) for Trainers involved in adult education, in particular working with multicultural groups / Teachers, trainers of body-related activities (dance, sport, yoga etc.) / Social workers, health professionals performing educational activities / Students of adult education / adult trainers that have worked in small groups on the identification and formulation of learning outcomes related skills and tools.



BODY

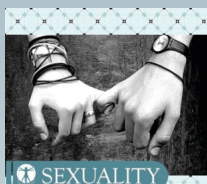
The thematic [LEARNING KITS](#) gathering all materials developed under each of the BODY Key topics
(English only)



HEALTH



GENDER



SEXUALITY



DISABILITY



BODY

For queries and/or further information please [contact us](#)!

www.bodyproject.eu



Lifelong
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