



TRAINING OPPORTUNITY

Deadline 17th March to apply to your National Agency

Apply NOW!

Culture, body, health, gender, sexuality and disability in adult trainings

www.bodyproject.eu

For whom
Trainers, educators, counselors that are: - engaged in intercultural approaches, with a multicultural student group - involved in themes of health, gender, sexuality, disability and body issues overall - involved in physical / sports education - teaching language and societal issues for migrants - wishing to acquire teaching, approaches, methods and exercises that are embodied - involved in the accompaniment of intercultural mobility
Pedagogical objectives
- to gain a better conceptual and practical understanding of cultural differences in gender, body, health, disability and sexuality. - to develop skills and concepts to reflect on their students' and their own non-verbal behaviour. - to be able to design and lead their own trainings taking into account cultural differences in body issues concerning health, gender, sexuality, disability and body overall – and in particular to have more facility in handling tensions and incompatibilities. - to adopt to own practice more embodied training approaches, methods and exercises.
Methods
the BODY training has the following methodological pillars: - It is built on extensive research, to make sure it answers critical situations and challenges that adult educators face during their work. - It is based on a modular structure, which makes it possible to construct trainings later from the building block according to the actual needs of the trainers to receive the training (modules focusing on: body, non-verbal communication, health, gender, sexuality each module implying an overview on aspect of diversity found relevant: cultural, ethnic, religious, handicap, sexual orientation) and it also makes easy to insert it into initial training curricula of the above domains. - In its pedagogy it relies on the approach on intercultural and non-formal learning, with interactive tasks, the role of trainer approaching facilitation, based on the active participation of all.

Results	
- development of intercultural competence and appreciative communication in training situations. - acquisition of key concepts and vocabulary of gender, sexuality, health and disability. - acquaintance with a theory and practice of intercultural analysis and conflict negotiation. - acquisition of concrete methods, exercises to adapt in one's own practice.	
Day to day programme	
Day 1	
Morning Introduction Embodied warming up exercises followed by an interactive, non- formal introduction of participants, expectations about the training, agreement, presentation of the course.	Afternoon « What is culture » - exploration of the concept of culture and the impact it has on how we think, feel, behave. Different types of culture. Culture and the body – introduction of an analysis frame to explore the diversity of values behind body-related practices. [Daily evaluation]
Day 2	
Morning Culture, communication and body non-verbal aspects of communication. Intercultural, embodied negotiation.	Afternoon Health in a cross-cultural perspective [Daily evaluation]
Day 3	
Morning Gender in a cross-cultural perspective. Making sense of different concepts and notions related to gender. Gender continuum: introducing colours to the black and white gender identity scale.	Afternoon Sexuality in a cross-cultural perspective. [Daily evaluation]
Day 4	
Morning Disability in a cross-cultural perspective. Two interactive methods to work about representations about disability.	Afternoon Field work: meeting local organisations offering good practices in the BODY themes. Participants make interviews with organisations of their own choice or the ones proposed by the host institution. [Daily evaluation]
Day 5	
Morning – Debriefing the field work. Group work on connecting the course content with own practice: constructing new projects.	Afternoon – presentation of group works, evaluation, closing.

Where and when?
Palermo, Italy - 22nd-26th September 2014
Host: CESIE – European Centre of Studies and Initiatives

How much?
400 euros for the 5 days (food, accomodation, materials, training fee)
Further information and registration:
info@elaninterculturel.com
For further information on the training and the project behind it:
www.bodyproject.eu
Possibilities for scholarships and financing
For residents outside of Italy (residents from any other EU or Erasmus+ programme country)
<u>Steps to apply for an Erasmus + mobility grant</u> For full information please check page 61 of the Programme guide: http://ec.europa.eu/programmes/erasmus-plus/documents/erasmus-plus-programme-guide_en.pdf 1) Check the eligibility of your organisation. Please note: in the Erasmus+ programme the applications have to be done at institutional level: <u>individual applications are not eligible anymore.</u> 2) Register your organisation on: http://ec.europa.eu/education/participants/portal/ 3) Download the application form from your National Agency. To find your National Agency: http://ec.europa.eu/programmes/erasmus-plus/national-agencies_en.htm 4) In order to complete it, you will have to: a. Identify a European Development Plan for your organisation b. Identify the training needs for your team for the whole project period, as there won't be another application round before next year (Fall 2014-Fall 2015) c. Identify a method of accompaniment of the mobilities (selection procedure, follow-up etc) 5) Submit the electronic application (eForm) to your national agency before noon 17th March 2014 (Bruxelles time).

Learning Kits - Click on your topic!



We are looking forward hearing from you!!