



ABC

Anti-Bullying Certification for Secondary Schools

School Safety Survey – Student

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SURVEY FOR STUDENTS

INTRODUCTION

Welcome to this survey. The survey is about how students interact with each other and with teachers in school. We use your responses to help the school to make the situation better.

When you fill in the survey, you give us (the school and the researchers) permission to use your answers to make a report. Your answers are completely anonymous, this means that no-one can tell that these answers are your personal answers.

Please be honest about all the answers. This is not an exam. We just want to use the answers to improve the school.

If you don't understand a question, ask the teacher or the researcher to explain it for you. If you doubt what is the best answer, choose the one that came up to you first. There are no wrong answers.

THE QUESTIONS

There are 20 questions.

Instruction:

1. Do you agree with the following statements about your feelings?

Answer categories

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

Items:

1. In general, I am satisfied with myself.
2. I think I have several good qualities.
3. I can do things just as good as most other people.
4. I think I have not much to be proud of.
5. Now and again I feel useless.
6. I wish I had more respect for myself.
7. I am inclined to think that I am a failure.
8. I respect myself.

Instruction:



2. Do you agree with the following statements on how you see yourself?

There are no good or bad answers, so please answer honestly.

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

Items:

1. I often say I like something, even if I don't like it
2. I often say I agree even when I don't really agree
3. I would change myself if this gives me something that I really want
4. For me it is easy to do as if I'm somebody who is different from what I really am
5. I always act according to my opinion, even when other people reject it for it
6. I often do things that I don't want in order not to disappoint people
7. My wishes and needs are shown through my behaviour
8. I am (almost) always myself with others

Instruction:

The following questions are about how often you experience unpleasant incidents in school

3. During the last 12 months, how often did you experience that at school?

Answer categories:

- 1 = Never or almost never
- 2 = A few times a year
- 3 = A few times a month or more

1. Other students left me out of things on purpose
2. Other students insulted me
3. Other students made fun of me
4. Other students spread nasty rumours about me
5. Other students took away or destroyed things that belong to me
6. Other students waited for me so that they can hurt me
7. Someone said me that he/she will do something to me in the future
8. Other students hit me or pushed me around
9. Other students hurt me with a weapon
10. Other students forced me to give them money or stuff
11. A boy touched me erotically and without my will
12. A girl touched me erotically and without my will
13. A group from my school bothered me
14. A group not from my school bothered me
15. A teacher made fun of me
16. A teacher insulted me



17. A teacher hurt me on purpose
18. A teacher touched me erotically
19. Other students made fun of me in a chat room
20. Other students threatened me in a chat room
21. Someone sent me an email that made me very angry
22. Someone posted something on my own social media page that caused me uncomfortable feelings
23. Someone shared a post about me that I didn't want others to see
24. Someone shared a picture of me without my permission
25. I saw an instant message (chat) that made me upset or uncomfortable.
26. Someone threaten me badly while I am online

Instructions

Sometimes you see that a classmate experiences something unpleasant. Who does usually help him/her?

4. During the last 12 months, how often did the following people help a student who experienced unpleasant things at school?

(With "unpleasant experiences" we mean things like being left out of things on purpose, being ridiculed or made fun of, rumors, your things being stolen or destroyed, being pursued, threatened, pushed, had to give money, touch against your will, bothered or hurt by other students or teachers, being bullied or afraid online.)

Answer categories:

- 1 = Never or almost never
- 2 = A few times a year
- 3 = A few times a month or more

1. His/her classmates helped him/her
2. His/her best friend helped him/her
3. Other students from other classes helped him/her
4. The class teacher/mentor helped him/her
5. Another teacher helped him/her

5. Please indicate if you agree or disagree with the following statements about your school

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

1. At school, you can always ask someone to help you
2. At school, you can always get the help you need



3. At school, you know exactly with whom and how you can file a complaint
4. The school punishes students who bully or act unpleasant
5. The school helps students who experience something unpleasant
6. In class and in school, there are clear rules
7. The rules have been decided by both students and teachers
8. The teachers implement the rules in the same way for all students
9. The teachers pay attention students abide by the rules
10. At school, If you do something you are not allowed, you get a fair punishment

Instructions

The following questions are about how important you think it is to do something against unpleasant behaviour like bullying.

6. How bad and/or good do you consider these behaviours at school?

Answer categories:

- 1 = bad
- 2 = not so bad
- 3 = neutral
- 4 = not so good
- 5 = good

1. Students leave someone out of things on purpose
2. Students insult one or more students
3. Students make fun of someone
4. Students spread nasty rumours about someone
5. Students take away or destroy things that belong to someone
6. Students wait for a person or pursued her/him
7. Students threaten other students
8. Students hit or push around other students
9. Students hurt other students with a weapon
10. Students ask other students for money or stuff
11. Students touch a boy/a girl without his/her will
12. Students from the school bother another student
13. Students not from the school bother another student
14. Teachers ridicule a student on purpose
15. Teachers insult a student on purpose
16. Teachers hurt a student on purpose.

Instructions

The following questions are about social acceptance of diversity in school.



- 8. because her/his parents are different from other parents
- 9. other reasons...

8.1 If you answered “because It’s a girl” please explain why

- because she behaves different than other girls
- because I think she is lesbian

yes no
yes no

8.2 If you answered “because It’s a boy” please explain why

- because he behaves different than other boys
- because I think he is gay

yes no
yes no

Instructions

The following questions are about how you think about the social safety in your school.

9. In general, the emotion you feel most at school is...

(you can tick only one answer)

- 1. happiness
- 2. surprise
- 3. trust
- 4. hope
- 5. pride
- 6. sadness
- 7. fear
- 8. rage
- 9. disgust
- 10. anxiety
- 11. boredom

10. I think our school is safe enough to:

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

- 1. to be yourself
- 2. to give your own opinion (even if it is different than other opinion)
- 3. to choose and to do what you want
- 4. to stand for your own faith community (even if it represents the minority)
- 5. to tell honestly your own sexual orientation

11. I think everyone feels SAFE IN:

Answer categories:



- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

- 1. the classroom
- 2. the toilets
- 3. the lunch area/restaurant (if applicable)
- 4. the schoolyard
- 5. the school neighbourhood
- 6. the hallways

12. Students feel SAFE BECAUSE teachers:

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

- 1. Teachers talk about social inequality; social injustice and take measures to prevent it
- 2. Teachers involve students in drafting the class rules
- 3. Teachers involve students in decisions about participation in projects, activities
- 4. There are groups discussion with students to jointly solve problems that arise in class or in the school area
- 5. Teachers correct a student if he/she has discriminatory behaviours
- 6. Teachers correct a student if he/she makes discriminatory comment about a man or a woman
- 7. Teachers correct a student if he/she makes discriminatory comment about homosexuals/lesbians/bisexual
- 8. Teachers correct a student if he/she makes discriminatory comment about migrants
- 9. Teachers set perpetrator apart from the group and explore with him/her what happened so to take measures
- 10. Teachers set victim apart from the group and explore with him/her what happened so to help him/her
- 11. Teachers solve bullying episodes without blaming students

13. Students feel SAFE BECAUSE other students:

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree



1. help well when a classmate asks for help
2. act well against violence
3. act well against discrimination
4. encourage a schoolmate to report unpleased behaviours
5. are aware of procedures to follow in case of unpleased behaviours
6. support each other in case of unpleased behaviours

14. What are you? (boy, girl, other)

Answer categories:

- 1 = Boy
- 2 = Girl
- 3 = Other

15. When are you born?

(year of born)

16. To which religious community do you feel connected?

Answer categories:

- 0 = none
- 1 = Christian
- 2 = Jewish
- 3 = Islam
- 4 = Hindu
- 5 = other

17. Do you belong to an ethnic minority?

If yes, can you please tell which one?

18. Which class are you attending?

(it depends on national school systems)

19. Which is your school?

(please indicate the name of your school)

20. If you have any other comment or message for us, you can put it here:

(paragraph)

This is the end of the survey. Thank you very much for filling it in!



SURVEY FOR TEACHERS

INTRODUCTION

Welcome to this survey. This survey is about how teachers/staff vigil and recognise the Bullying behaviour among students and the measures they take in order to face this with victim and perpetrator. It examines teacher's/staff's Awareness of Cyber Bullying, its effect on school environment and analyses Bullied profile and background. This will help us to understand teachers and school needs in order to give a support to improve the school environment and safety.

When you fill in the survey, you give us (the school and the researchers) permission to use your answers to make a report. Your answers are completely anonymous, this means that no-one can tell that these answers are your personal answers.

Please be honest about all the answers. We just want to use the answers to improve the school.

If you do not understand a question, ask the researcher to explain it for you.

QUESTIONS

There are 25 questions

Assessment of the student situation – bullying

1. The following statements are about how people perceive incidents or bullying behaviour

Please indicate if the statements below are unpleasant behaviors at school

Answer categories

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

1. Leave someone out of things on purpose
2. Insult someone
3. Make fun of someone
4. Spread nasty rumours about someone
5. Take away or destroy things that belong to someone
6. Wait for a person or pursue her/him
7. Threaten someone
8. Hit or push around



9. Hurt someone with a weapon
10. Force someone to give money or stuff
11. A boy touched a classmate against his/her will
12. A girl touched a classmate against his/her will
13. Bother someone by a group from the school
14. Bother someone by a group from not the school
15. A teacher makes fun of a student on purpose
16. A teacher insults a student on purpose
17. A teacher hurts a student on purpose
18. A teacher touches a student erotically

2. Do you think these unpleasant behaviors can affect the environment safety at school?

yes no

3. If yes, can you please indicate which unpleasant behaviors should be absolutely avoided at school?

Answer categories

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

1. Leave someone out of things on purpose
2. Insult someone
3. Make fun of someone
4. Spread nasty rumours about someone
5. Take away or destroy things that belong to someone
6. Wait for a person or pursue her/him
7. Threaten someone
8. Hit or push around
9. Hurt someone with a weapon
10. Force someone to give money or stuff
11. A boy touches a classmate against his/her will
12. A girl touches a classmate against his/her will
13. Bother someone by a group from the school
14. Bother someone by a group from not the school
15. A teacher makes fun of a student on purpose
16. A teacher insults a student on purpose
17. A teacher hurts a student on purpose
18. A teacher touches a student erotically



4. Do you think that your answers are in line to the common one of the school staff? Is there a common understanding of bullying and does the school staff use the same language to describe it?

yes no

Assessment of the student situation – Cyber bullying

5. The following statements are about how people perceive incidents or bullying behaviour online.

Please confirm or not if the statements below are unpleasant online behaviors

Answer categories

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. Fool someone in a chat room
2. Someone you know sends you an email that makes you very angry
3. A stranger sends you an email that makes you very angry
4. Someone posts something on your social media page that makes you feel uncomfortable
5. Someone posts something on another web page that makes you feel uncomfortable
6. Someone sees a post about you that you do not want others to see
7. Someone sends an instant message (chat) that makes you feel uncomfortable
8. Someone bullies you while online
9. Someone makes you afraid to be online

6. Do you think that these unpleasant online behaviors can affect the environment safety at school?

yes no

7. If yes, can you please indicate which unpleasant online behaviors should be absolutely avoided at school?

Answer categories

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree





5 = strongly agree

1. Fool someone in a chat room
2. Someone you know sends you an email that makes you very angry
3. A stranger sends you an email that makes you very angry
4. Someone posts something on your social media page that makes you feel uncomfortable
5. Someone posts something on another web page that makes you feel uncomfortable
6. Someone sees a post about you that you do not want others to see
7. Someone sends an instant message (chat) that makes you feel uncomfortable
8. Someone bullies you while online
9. Someone makes you afraid to be online

8. Do you think that your answers are in line to the common one of the school staff? Is there a common understanding of cyber bullying and does the school staff use the same language to describe it?

yes no

Measure bullying

9. Students may experience unpleasant things (like the statements mentioned above in “Bullying Behaviors and Cyber Bullying Behaviors”)

Answer categories:

- 1 = Never or almost never
- 2 = A few times
- 3 = Always

- 9.1 How often happened this in the previous school year?
- 9.2 How often happened this since the start of the current year?
- 9.3 How often happened this in the past five days?

Bullying causes and victim profile

10. Which students experience something unpleasant (like the statements above mentioned) the most often in your opinion?

Answer categories

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree



5 = strongly agree

10. Students who look different
11. Students who can do well or cannot do so well
12. Students who have another background or culture
13. Students who come from another country
14. Students who have another religion
15. Students who don't speak or write well
16. Students who are lesbians or gay
17. Girls more than boys
18. Girls who behave different from other girls
19. Boys more than girls
20. Boys who behave different from other boys
21. Students who have uncommon family situation
22. other reasons...

Staff competences related to safety and inclusion at school

- 11. The following statements are about the competences staff think to have in order to vigil and recognise Bullying behaviour and effects.**

Answer categories:

- 1 = strongly disagree
- 2 = moderately disagree
- 3 = slightly disagree
- 4 = undecided
- 5 = slightly agree
- 6 = moderately agree
- 7 = strongly agree

1. I know and can recognize the forms bullying can take
2. I understand the effects of bullying on the victims
3. I understand the effects of bullying on the perpetrator
4. I know and can recognize the forms cyber bullying can take
5. I understand the effects of cyberbullying on the victims
6. I understand the effects of cyberbullying on the perpetrator
7. I feel competent to deal with violent emotions in the classroom
8. I feel competent to deal with conflicting opinions in the classroom
9. I feel competent to help students solve problems caused by a stereotyping or biased attitude
10. I feel competent to have pupils from different countries and social backgrounds to work together
11. I feel competent to help students analyzing different perspectives and accepting different opinions



Staff attitudes and measures taken related to social safety and inclusion

12. Which are the measures you take in order to prevent the above-mentioned unpleasant behaviours with victim and perpetrator?

Answer categories:

- 1 = Never
- 2 = Rarely
- 3 = Sometimes
- 4 = Very often
- 5 = Always

- 12. I talk about social inequality; social injustice and I take measures to prevent it
- 13. I involve my students in drafting the class rules
- 14. I involve my students in decisions about participation in projects, activities
- 15. I create groups discussion with students to jointly solve problems that arise in class or in the school area
- 16. I correct a student if he/she has discriminatory behaviours
- 17. I correct a student if he/she makes discriminatory comment about a man or a woman
- 18. I correct a student if he/she makes discriminatory comment about homosexuals/lesbians/bisexual
- 19. I correct a student if he/she makes discriminatory comment about migrants
- 20. I set perpetrator apart from the group and explore with him/her what happened so to take measures
- 21. I set victim apart from the group and explore with him/her what happened so to help him/her
- 22. I try to solve bullying episodes without blaming any students

13. Can you indicate to what extent you agree or disagree with the following statements?

Answer categories

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

- 1. Students should learn to abide by the rules without comments
- 2. Some students always create trouble and they should be dealt with as such
- 3. It is often necessary to remind students that their position in school is different from that of the teacher
- 4. You can't trust that students can work together without supervision
- 5. You can't trust students to check their own work
- 6. Students have intrinsic motivation to learn



Perception of safety at school

14. In general, what is the emotion students feel most at school?

(you can tick only one answer)

12. happiness
13. surprise
14. trust
15. hope
16. pride
17. sadness
18. fear
19. rage
20. disgust
21. anxiety
22. boredom

15. In your opinion, your school is safe enough:

Answer categories

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

6. to be yourself

7. to give your own opinion (even if it is different than other opinion)

8. to choose and to do what you want

9. to stand for your own faith community (even if it represents the minority)

10. to tell honestly your own sexual orientation

16. In your opinion, everyone feels safe in:

Answer categories:

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

7. the classroom

8. the toilets

9. the lunch area/restaurant (if applicable)





10. the schoolyard
11. the school neighbourhood
12. the hallways

State of art of the use of staff support

17. School Policy on Bullying - Use of guidelines and tools

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

1. I have been informed by the school about the policy on bullying
2. I agree with the school policy on bullying and I implement it
3. When bullying occurs, effective actions are taken to stop it
4. The school policy on bullying includes actions to create a non-violent environment
5. The school policy on bullying look at the causes of bullying episodes
6. The school policy on bullying rewards pro-social behaviours so to create a positive climate in school

18. Support – the cooperation between school and families to deal with bullying

Answer categories:

- 1 = strongly disagree
- 2 = disagree
- 3 = don't agree, don't disagree
- 4 = agree
- 5 = strongly agree

1. Parents are informed about the policy on bullying adopted by the school
2. Parents co-decide with the school about the policy on bullying
3. Parents get involved about all the decisions taken by the school for their children
4. Students talk openly and report incidents and bullying episodes to their families
5. Students talk openly and report cyber bullying episodes to their families
6. The school offer counselling to parents to prevent violence and bullying (at school and at home)



Demographic variables

19. What are you? (boy/girl/other)

Answer categories:

- 1 = Boy
- 2 = Girl
- 3 = Other

20. When were you born?

(year of born)

21. To which religious community do you feel connected?

Answer categories:

- 0 = none
- 1 = Christian
- 2 = Jewish
- 3 = Islam
- 4 = Hindu
- 5 = other

22. Do you belong to an ethnic minority?

If yes, can you please tell which one?

23. Which is your school?

(please indicate the name of your school)

24. What function do you have in the school?

- 1. teaching staff
- 2. management staff
- 3. social support staff (psychologist, social worker, etc.)
- 4. technical support staff (reception, library, bus driver, janitor, canteen/shop, administrative staff, etc.)

25. If you have any other comment or message for us, you can put it here:

(paragraph)

This is the end of the survey. Thank you very much for filling it in!