

Students Newsletter 3  
ABC-project:  
The final run

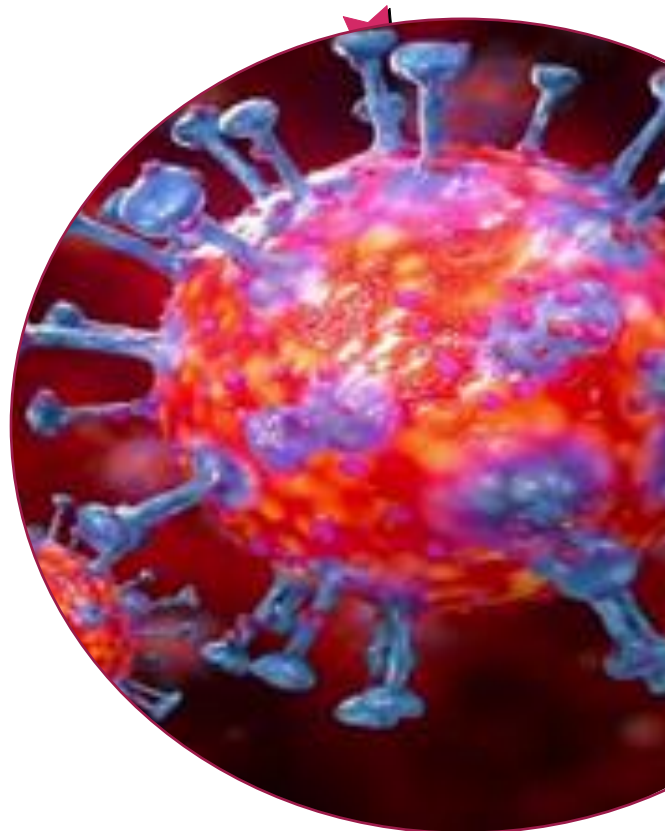
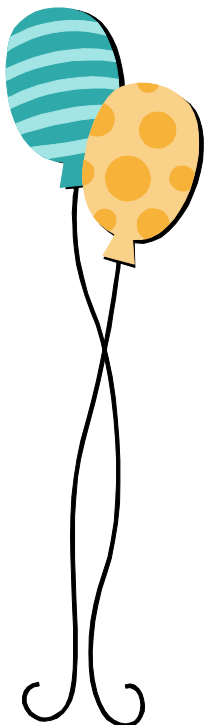
1 april 2020

<https://www.gale.info/en/projects/abc-project>

<https://www.instagram.com/studentsjoinagainstbullying/>



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## No travel

We are not allowed to physically meet in April. And we cannot postpone the project. So we decided to contact online.



## “Scoring schools?”

In the project we had a big discussion about if we should “score” schools. Our idea was to give each school an antibullying “energy label”, like Europe does for apartments and washing machines. But we could not agree on how to score. We could not even agree IF we should score?

What do you think?

1. Start the school year with creating **safe class groups**
2. Learn **how bullying works** (group processes) and how to act against it
3. **Involve all** staff, students and parents in the development of safe school policy
4. **Support positive behavior** and avoid putdowns and punishment
5. **Create a positive school climate** and avoid only attention on handling incidents
6. **Jointly revise the school rules every year, make them clear and carry them out consistently**

## What is a good antibullying policy?

Researchers have looked into this for a long time. They say it does not depend on one specific thing you can do. But there are about six “effective elements” that we see in most effective policies and programs.

1. Does my school create safe classes in the first 6 weeks of the year?  
Very much: 10 – not at all: 1
2. Did you learn how group process of bullying work and what you can do?  
Very much: 10 – not at all: 1
3. Were you involved in making the antibullying policy?  
Very much: 10 – not at all: 1
4. Do teacher give you compliments and do they avoid putdowns and punishment?  
Very much: 10 – not at all: 1
5. Is there more attention for a positive school climate or for bullying incidents?  
Focus on climate: 10 – focus on incidents: 1
6. Are the school rules every year revised, and are they clear and carried out consistently?  
Very much: 10 – not at all: 1

## Do the test

How does your school score on the effective elements? Do the test on the left.

And some other questions to consider:

- Is one of the elements more important than others?
- Should a school get a score at all? Why? Or why not?

## International responses to antibullying policy in European schools

We conduct this short survey as partners in the European ABC project (Anti-Bullying Certification). In this project, we have developed a way for high schools to research and improve their anti-bullying policies. The project integrates diversity and the fight against discrimination.

Complete the survey before April 15, 2020. A report will be available at <https://www.gale.info/en/projects/abc-project> in April 2020. We have made a summary of the project: <https://www.gale.info/doc/project-abc/Summary%20of%20the%20ABC-project.pdf>, but it is not necessary to read it before answering this survey.

The survey has 20 questions and takes 15-20 minutes to complete. Most questions must be answered with a number. This makes it possible to compare those answers with respondents in other languages.

This survey is anonymous. Your answers and comments cannot be traced back to you.

Any comments about this survey or questions about the project can be directed to the project coordinator Peter Dankmeijer ([p.dankmeijer@gale.info](mailto:p.dankmeijer@gale.info)).



## Your opinion on the project

We are very curious about what you think of the project. Can you fill in this short survey before April 15?

[Survey for Dutch students](#)

[Survey for Greek students](#)

[Survey for Italian students](#)

[Survey for Spanish students](#)

## Final Discussion

The final phase of the project is to discuss if national and European policies have to change. More about this in the next newsletter. Join the discussion on Instagram <https://www.instagram.com/studentsjoinagainstbullying/>

Or on

<https://www.gale.info/en/how-to-combat-bullying>

The ABC-discussion forum:

[www.gale.info/en/how-to-combat-bullying](http://www.gale.info/en/how-to-combat-bullying)