

SPAcE

Supporting Policy and Action for Active Environments

www.activeenvironments.eu

Objectives:

- * To share current good (evidenced based) practice of the implementation and promotion of an Urban Active Environment (UActiveE) to increase population (community) physical activity levels
- * To establish working groups in five EU member states to develop an UActiveE Action Plan with a focus on creating environments to support physical activity for the creation of a more physical active environment
- * To develop and embed the UActiveE Action Plan into policy/practice in each designated city/town
- * To develop competencies in the assessment of value of the UActiveE Action Plan through training in the use of the Health Economic Assessment Tool (HEAT)

Activities:

- * Carry out scoping exercise of evidence and good practices
- * Deliver Learning and Sharing of Good Practice Symposium and Workshop in Palermo (Italy) to facilitate the sharing of practice, experience and knowledge across partners and workshop on UActiveE Action Plans
- * Plan, prepare, develop and implement the UActiveE Action Plans for 5 implementation sites (Greece, Italy, Latvia, Romania and Spain)
- * Plan, design and deliver HEAT training to partners and designated staff from each of the implementation sites (2 per partner = 10 trained staff, plus partners)

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Results:

- * EU UActiveE Summary of Evidence and Good Practice document
- * Guidance document 'How to Create and Evaluate an UActiveE' including 5 case studies from partners
- * 'How to' guidance on measuring value of an UActiveE, including a complementary media clip

Partners:

- * Coordinator: University of Gloucestershire (UK)
- * University of Oxford (UK)
- * University of Thessaly (Greece)
- * University of Zurich (Switzerland)
- * LIKES Foundation for Sport and Health Science (Finland)
- * Castilla La Mancha Regional Government of Education (Spain)
- * Tukums Municipality (Latvia)
- * Brasov Metropolitan Agency (Romania)
- * Municipality of Trikala (Greece)

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DG of reference: DG EAC, Education and Training, [Erasmus+ Sport: Support to Collaborative Partnerships](#)

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