

CREATE

Creative Therapy in Europe

Objectives:

- * To improve the integration of migrants with mental health problems through development of Arts Therapies resources
- * To develop innovative approaches to strengthen the training paths of Arts Therapists equipping them with all competences and skills needed to deliver high quality therapy and address the needs of young migrants experiencing mental ill health
- * To strengthen cooperation and exchange of best practice between European organisations in the development of co-produced training packages and new approaches to the integration of young migrants experiencing mental ill health

Activities:

- * Coproducing training packages for Arts Therapists and Community Support Professionals to enable them to support migrants with mental ill health, improving their achievement in relevant and high level basic and transversal competences in a lifelong learning perspective
- * Engaging mental health centres and centres supporting young migrants in designing training packages thereby, challenging stigma and increasing awareness of mental ill health and how to face this through Arts Therapies
- * Creating a Network of Arts Therapists and Community Support workers in the field of migration and mental health across Europe and development of training packages and resources for Arts Therapists and Community Support professionals

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Results:

- * [Art and creativity training week to exchange therapeutic techniques](#)
- * State of the Art Review of resettlement packages and initial consultation
- * Informal focus groups with people with mental ill health
- * National reports detailing the key findings of the desk based research and the informal focus groups
- * Training module for Creative Therapists working with refugees and migrants
- * Training module for Clinical Supervisors of Creative Therapists
- * Toolkit for Resettlement stakeholders to support further use of CREATE Method and Creative Therapies
- * Positional Analysis, Sustainability Report

Partners:

- * Coordinator: MEH - Merseyside Expanding Horizons (United Kingdom)
- * SOLA ARTS (United Kingdom)
- * Deutsche Gesellschaft für Theatertherapie e.V. (Germany)
- * Compagnie Arti-Zanat' (France)
- * Associazione Sementera Onlus (Italy)
- * Clonakilty community arts centre (Ireland)
- * CESIE (Italy)

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DG of reference: DG EAC, Erasmus+ KA2 [Strategic Partnership for ADULT education](#)

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