

## Able like you

### **Objectives:**

- \* To promote the intercultural exchanges between volunteers and local community, facilitating intercultural dialogue and the abolishment of stereotypes
- \* To facilitate each volunteer's personal and professional development through the acquisition of new skills and experiences
- \* To create new educational tools and learning methods developing behavioral and social competencies of the target group, pursuing a social inclusion of the people in the centres
- \* To promote community development active participation and the concept of citizenship

### **Activities:**

ABLE LIKE YOU is an EVS project which will involve 20 volunteers divided in two groups of 9 months each coming from four European countries: Hungary, Estonia, Spain, France. The volunteers are involved in different local centers in which CESIE carry activities that work with children and adults with physical and mental disorders:

- La Fraternità, a cooperative Society that welcomes about 16 adults with psycho-physical disabilities as well as severe and moderate mental disabilities, providing day care activities within the structures of the Social Education Centre
- Il Canto di Los, a social cooperative promoting welfare and mental, affective, relational and psychophysics balance, operating both in the prevention and education areas, and in the treatment of psychological distress and psychosocial rehabilitation field
- VOLTA LA CARTA is a non profit organization of Social utility (ONLUS), it welcomes 9 people with mental illness. The activities carried out have the purpose to promote the social integration and autonomy, and to support psychologically the families of people with disability
- A.I.A.S, an Italian Association of Spastic Assistance, it currently welcomes about 60 people from 10 to 35 years old with psycho-physical disabilities as well as severe and moderate mental disabilities, providing day care activities

The volunteers have the role of supporting the local staff in organising workshops and handicraft activities with the patients

### *Follow the project [IN ACTION](#)*

### **Partners:**

- \* Coordinator: CESIE – European Centre of Studies and Initiatives (Italy)
- \* Solidarités Juenesses (France)
- \* Pandora (Spain)
- \* Fekete Sereg (Hungary)
- \* Continuous Action (Estonia)

Date of project: 01/09/2012 – 31/05/2014

**DG of reference:** DG EAC, Youth in Action Programme – [Action 2 – European Voluntary Service](#)

### **Contact:**

CESIE: [rita.quisillo@cesie.org](mailto:rita.quisillo@cesie.org), [mobility@cesie.org](mailto:mobility@cesie.org)



This project has been funded with support from the European Commission.

This publication [communication] reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.